

VISIT THE MOST BLESSED SACRAMENT ON FRIDAY

The Venerable Father Alvarez saw Jesus in the Blessed Sacrament with His hands filled with grace, and seeking to whom He might dispense them. Of St. Catherine of Siena it is late, that when she approached the most Holy Sacrament, see it so precisely with the same loving eagerness with which a child flies to its mother's breast.

O most beloved and only-begotten of the Eternal Father, I know that Thou art the object most worthy of being loved. I desire to love Thee as much as Thou the key deserves to be loved, or at least as much as a soul can never desire to love Thee. I fully understand that I, who am a traitor, and so great rebel to Thy love, deserve not to love Thee; neither do I deserve to approach Thee so near as I now am in this church. But I feel that Thou, for all this, seeks my love. I hear Thee say: "My son, give Me thy heart. Thou shalt love the Lord thy God with thy whole heart."

I understand that it is for this end Thou has spared my life, and not sent to me to help, that I might be converted and turn all my affections to Thee. Since, then, Thou art pleased that I should love Thee, my God, I will do so. Behold I give myself to Thee; I love Thee, O God, all goodness, all love; I choose Thee for the only King and Lord of my poor heart. Thou desirest it, and I wish to give it to Thee. It is cold, is lose some; but if Thou accept it, Thou will change it area change me, my Lord, change me; I no longer have courage to leave is I have hitherto done, ungrateful, and with so little love toward Thy infinite goodness, Who lovest me so much, and deserves and infinite love. Enable me to make up from this day forward for all the love which I have hitherto failed to bear Thee.